

# Southern Sea Ventures — Kayak Experience Form

To ensure you have a safe and enjoyable paddling holiday your kayaking standard for these trips should be of an intermediate level, combined with an adventurous attitude. This should not be your first sea kayaking experience. There is no need to be an expert kayaker or know how to roll, however, you should practice a wet exit and assisted re-entry before departure. Please recognize that the weather will greatly influence the degree of difficulty of the trip. We highly recommend that you have done some kayaking recently and in a variety of conditions. We will mostly use single kayaks on these trips but there will likely be one or two doubles available.

Even if your experience is limited, we encourage you to call us to discuss your suitability. There is often ample time to gain the required experience before you depart. We may be able to recommend a reputable sea kayak operator in your area for some tuition prior to the trip.

**\*Please fill in this experience form accurately and return it to us as soon as possible. This is required to confirm your place on the trip.\***

Name \_\_\_\_\_ Age \_\_\_\_\_

Trip Name \_\_\_\_\_ Departure Date \_\_\_\_\_

## Sea Kayaking Experience

1. Have you paddled sea kayaks?  yes  no Whitewater kayaks?  yes  no Surf ski?  yes  no
2. Have you paddled in single kayaks?  yes  no Double kayaks?  yes  no
3. Do you have your own sea kayak?  yes  no
4. Would you call yourself a:  Beginner  Intermediate  Expert
5. Have you done any sea kayak courses?  yes  no If yes, please list them, outlining when and where.

\_\_\_\_\_

6. Have you paddled in open ocean waters (ie. outside harbours and estuaries)  yes  no

If yes, where? Please indicate what type of paddling you have done.

\_\_\_\_\_

\_\_\_\_\_

7. Have you paddled in windy conditions ie. 10-15 knot winds or more?  yes  no

8. How many times (approximately) have you paddled in the last two years?

0 times  1-5 times  6-20 times  20 times

Please let us know your height and weight so we may ensure the kayaks are appropriate.

Height \_\_\_\_\_ Weight \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_



SOUTHERN SEA VENTURES PO Box 641, St Ives, NSW, 2075, AUSTRALIA  
P +61 2 8901 3287 F +61 2 8901 3297  
ssvtrips@southernseaventures.com www.southernseaventures.com

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